

# SSA LITTLE KICKERS PROGRAM 2018

## OVERVIEW

The Little Kickers program is a **developmental program** that emphasizes soccer skills, play, and positive peer interactions. The goal of the program is to keep kids active, learning, and having fun. In order to be successful, adult leadership is vital! Both SSA coaches and parent leaders should be willing to be active and engaged with kids for the entire time. There should be constant positive reinforcement of both skills and behaviors as well as a plan for keeping kids motivated. Stations are designed to be fun and fast paced. They will focus on increasing balancing skills, coordination and fundamental soccer skills. We utilize creative games and help kids develop listening skills, cooperation and teamwork. Little Kickers activities are designed to help transition children into non-competitive team play and scrimmaging. The focus of the scrimmages will be to help players understand how to apply skills in different situations and building teamwork.

## ORGANIZATION

Each session will begin with a large group warm-up session. Kids will then be randomly divided into two even groups. This will be followed by 6-8 minute activities led by coaches as well as parent leaders. The kids will do a cheer before transitions. Water breaks will take place between sessions. This will last about 2 minutes. Total time will be 45 minutes.

There will be four sessions of Little Kickers. They will play on Monday nights at 5:15, 6:15, or 7:15 or Tuesdays at 5:15 at the NMU practice fields on the corner of Wright St. and Lincoln Ave.

## REQUIREMENTS

Parents will be required to stay for the entire time. Snacks are not organized or provided. Players should bring their own water bottles and will be required to wear shin guards. Participants can choose to wear tennis shoes or soccer cleats. SSA provides the goals, balls and other field equipment.

Session Cancellation: The U4 Coordinator may cancel any session due to extreme heat or inclement weather. The U4 Coordinator will work with coaches to determine when conditions warrant a cancellation. The presence of lightening and/or thunder will automatically warrant a cancellation.

All players will have a t-shirt provided for them and should be picked up at the first session. Pictures will be taken at the field on the second week of games. Details are on the website and an informational sheet with sign up will be distributed as well.