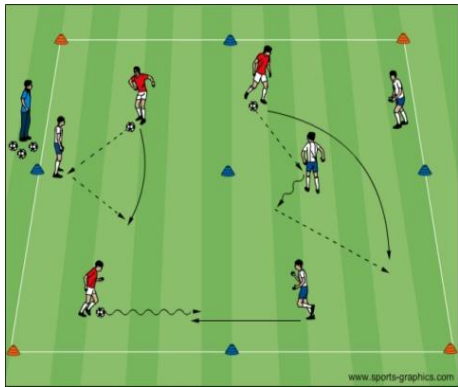
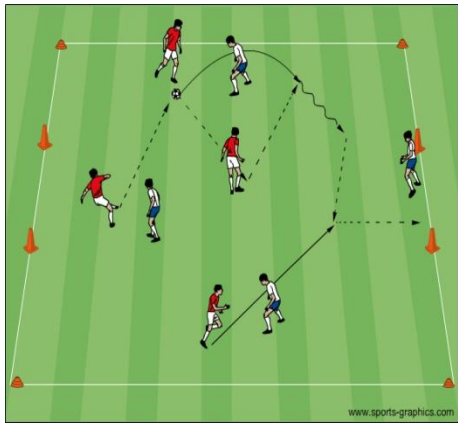
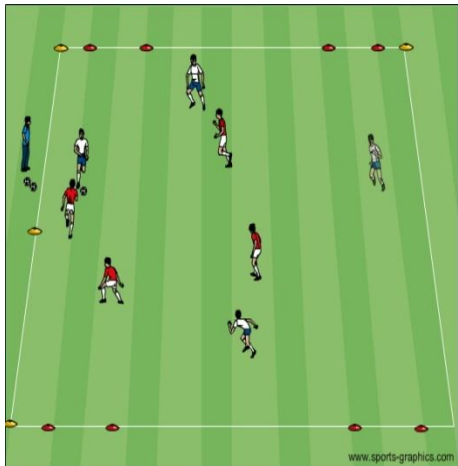


## Topic: Combination Play

**Objective: To improve passing technique and introduce and train combination play (Wall Passes and take Overs)**

|  |   |  |
|--|---|--|
| <b>Technical Warm up</b>   | <b>Organization</b>   | <b>Coaching Pts.</b>   |
|    | <p><b><u>Combination Square:</u></b><br/>In a grid about 25x25 yards, place 4 to 5 players in training vests. These players will roam around grid and give support to players with balls. 4 to 5 players with balls dribble in grid looking to connect with support players to perform wall passes.</p> <p><b>Version 2:</b> Build to take-overs<br/><b>Version 3:</b> Wall passes and take-overs</p> <p style="text-align: right;"><b>Time: 15 minutes</b></p>   | <p><b>General</b></p> <ul style="list-style-type: none"> <li>• Quality technique while passing and receiving</li> <li>• Be patient &amp; let opportunities develop</li> <li>• Encourage finishing off of combination opportunities</li> <li>• Positive environment to encourage creative and instinctive play</li> <li>• Communication</li> </ul> <p><b>Wall Pass</b></p> <ul style="list-style-type: none"> <li>• 1<sup>st</sup> attacker dribbles at 1<sup>st</sup> defender</li> <li>• 2<sup>nd</sup> attacker is slightly ahead of defender in good supporting angle turned sideways on</li> <li>• 1<sup>st</sup> attacker reads defenders and supporting cues; decide to dribble or play a wall pass</li> <li>• Disguise, deception of pass and runs</li> <li>• Accuracy and quality of pass</li> <li>• Look for opportunities to create numbers up situations (2v1, 3v1 etc.)</li> </ul> <p><b>Takeover</b></p> <ul style="list-style-type: none"> <li>• 2<sup>nd</sup> attacker runs directly at the 1<sup>st</sup> attacker from the opposite direction</li> <li>• 1<sup>st</sup> attacker protects the ball from the 1<sup>st</sup> defender by keeping body between ball and defender</li> <li>• 1<sup>st</sup> attacker leaves the ball and 2<sup>nd</sup> attacker takes the ball using same foot (right to right or left to left)</li> <li>• Simple communication: "take" or "leave"</li> </ul> |
| <b>Small Sided Game</b>  | <b>Organization</b>   |  |
|   | <p><b><u>4v4-1(4v3):</u></b><br/>In a grid about 30X35 yards with two 5 yard goals on each end line. Play 4v4-1, (4v3 +GK). The -1 player is the Goalkeeper on defending team. When the defending team gets the ball they regain their fourth player. Encourage players to try to score after a wall pass or take over.</p> <p>Wall pass goal= 5 pts.<br/>Take over goal= 3 pts.<br/>Wall pass &amp; take over = 10pts</p> <p style="text-align: right;"><b>Time: 15 minutes</b></p>  |  |
| <b>Exp. Small Sided Game</b>   | <b>Organization</b>   |  |
|  | <p><b><u>4v4 to Two Small Goals:</u></b><br/>In a grid 30x35 yards with four goals measuring 3 feet across in each corner, two teams attack two goals and defend two goals. To encourage combination play, the attacking team will receive 5 points if they combine with a wall pass or takeover before they score. Otherwise, they receive 1 point for scoring.</p> <p><b>Variation 2:</b> Add a "plus" player who always plays for the attacking team if they cannot keep possession long enough to create a combination.</p> <p style="text-align: right;"><b>Time: 20 minutes</b></p> |  |
| <b>Game</b>  | <b>Organization</b>   | <b>Coaching Pts.</b>   |
| <b>6v6 Scrimmage</b>   | <p>Play with Goalkeepers in a 45-60 yard long by 35-45 yard wide field.</p>   | <ul style="list-style-type: none"> <li>• All of the above</li> </ul> <p style="text-align: right;"><b>Time: 30 minutes</b></p>   |
| <b>COOL DOWN</b>   | Activities to reduce heart rate, static stretching & review session – <b>Time 10 min.</b>   |  |