

Uniform & Equipment Checklist

Uniform

- 2 Jerseys (to be kept in a zip lock and not worn to practice)
- 2 Pair of socks (home and away)
- Team Shorts
- Outdoor cleats

Equipment

- Soccer ball **with name printed on it**
 - (size 4 for U9-U12, size 5 for U13+)
- Shin guards
- 2 water bottles **with your name on them**
- Athletic tape or sweet spots for your laces
- A spare pair of laces
- Gloves and a hat for cold weather
- Warm clothes (sweatshirt, sweatpants, thermals)
- A raincoat of some kind (light weight)
- Other essential items (inhaler, sunscreen, bug spray, extra socks, etc.)
- Garbage bag (can put bag in when it rains)

Goal Keeper Equipment

- Goal keeper jersey different color from the uniforms
- Goal Keeper Gloves
- Sweat pants or keeper pants (for rough fields and indoors)

Travel Players: Do not forget your bag or any of your equipment. Use this checklist every time you pack your bag to avoid forgetting items. Bringing the proper equipment is the player's responsibility, not the parent's responsibility.

Our #1 priority is safety and fun, without the proper equipment neither is possible.