**SSA U 7 Developmental Academy Program**

**Overview**

The U 7 Developmental Academy Program is a beginner Soccer Program that emphasizes Soccer Skill, Terminology, Play, & positive peer interaction. The goal of the Program is to keep our youngest Players active, learning, & having fun. Our SSA Coaching Staff will be actively engaged with these Players for the entire 50-minute session. Positive reinforcement of both skill & participation are the keys to success. The Program is designed to be exciting & fast paced keeping Players of this age motivated & focused. We will focus on increased balance skills, coordination, & the very basic fundamentals of Soccer. We utilize creative games to better develop listing skills, cooperation, & Team work. The Developmental Academy Program activities are designed to help transition Players into Non-Competitive Team Play & Scrimmages. The focus of these Scrimmages will be to help Players understand how to apply the Skills learned in their Training Sessions, to a Game like setting, while building a Teamwork atmosphere.

**Organization**

Each Session will begin with a Warm-Up. This will be followed by 3 to 4 activities, each lasting approximately 10 minutes. Frequent water breaks will take place between session activities. The number of Sessions depends upon the number of Developmental Academy Team Players. Players will be evenly & equally divided into Squads, to the best of our ability. This Program gathers together on Thursday nights, at the NMU Armory Fields, on the Corner of Wright Street & Lincoln Avenue. The Large Parking Lot off of Lincoln Avenue is provided for SSA Families.

**Requirements**

Parents/Guardians will be required to stay near the field their Player is assigned to for the duration of the Session. Each Player should bring a labeled water bottle. Players are required to wear their Soccer Jersey, Soccer Cleats, Shin Guards, & Soccer Socks to cover the Shin Guards. SSA will provide all other Soccer equipment, including Soccer Balls. All Players will receive 2 Jersey’s the First Night! Photos will be taken the first night! Detail regarding Photo Orders can be located on or website & Facebook Page: **WWW.SUPERIORLANDSOCCER.COM** & <http://www.facebook.com/superiorlandsoccer>. **Weeks: #1, #3, #5, & #7**, Players are to Wear their **BLUE** **JERSEY** & Weeks**: #2, #4, #6**, Players are to Wear their **RED** **JERSEY**.

**Session Cancellation**

The U 7 Developmental Academy Program Directors &/OR Division Supervisors may need to cancel a Session due to extreme heat or inclement weather. They will work with Division Coaches & Assistant Coaches to determine when conditions warrant a cancellation. The presence of lightning &/OR thunder will automatically warrant a cancellation. It is always best to report to your Field & be prepared to Play. In the event of cold weather sweatshirts are permitted under Jerseys, but hoods & strings must be tucked in for safety. If time allows, we will try to post cancellations on our Facebook page.